

Carer's Champion Commitment

What is an unpaid carer?

A carer is anyone who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.

What is a carer's champion?

A Carers Champion is a member of the staff team with an allocated responsibility for supporting carers within a service.

My commitment to carers:

- I will actively work to help my: colleagues, service users and the wider public understand who carers are and the issues they may face.
- I will ensure that there is good quality and accessible information available for carers within my service.
- I will work to continually improve the way that carers are identified, informed, listened to and supported within my service.
- I will listen to carers and endeavor to give them a voice within my service.

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