

Carers Assessment



Carers are people of all ages who look after family members or friends who because of sickness, age, or disability, need help and support to live at home

Carers Contact

The Carers Contact provides a range of information and advice to carers.

They have comprehensive information on the legislation that recognises and directs the support for carers.

Carers Contact is located at:

Newport Provisions Market
High Street
Newport

Hours of Opening

10.00am - 4.00pm Monday to Friday

Telephone/Fax:

01633 258376

Email:

carers.contact@newport.gov.uk

or visit:

www.newport.gov.uk/carers

Information for Carers on the Carer's Assessment

Are you looking after a relative, friend or neighbour who because of frailty, sickness, or a disability needs care, help or support to live at home?

If you are caring on a regular and substantial basis and the caring role has a major impact on your life then a carer's assessment may be of help to you.

Your carer's assessment is your opportunity to tell us about the things that concern you and what support could be provided that might make caring easier for you.

Newport understands that Carers have needs

Caring can be rewarding but the responsibility can be a strain. It is often hard work and affects and restricts carers' own lives.

We believe a carer's needs are of equal importance to those of the person they are caring for but the needs may be quite different.

Carers have unique experience and important information to share to help us understand how best to help. Newport respects individuals and recognises that carers and those they care for may need to be listened to separately as well as together.

We also recognise the valuable role that carers undertake.

What is a Carer's Assessment?

It is your opportunity to talk about your situation and how caring affects you:

- whether you would like to work or take up further education classes or leisure activities
- what help you get and what you find most difficult

We know that carers sometimes worry about discussing how they feel because of loyalty, guilt, pride or fear of saying they are not coping.

During the assessment, it is important to give as clear a picture as possible of your caring role.

How to arrange your Carers Assessment

If you feel you may be eligible for a Carers Assessment, please contact Social Work Services Duty Team by writing or calling in to:

The Corn Exchange
High Street,
Newport
NP20 1RN

Hours of Opening

8.30am - 5.00pm Monday to Thursday
8.30 am – 4.30 pm Friday

Or by Telephoning

01633 656656 and asking for the Duty Team

Next Step

Following contact with the Duty Team, arrangements will be made for your carer's assessment to be carried out by the most appropriate person at a time and place most suitable to you the carer.

This could be in your own home, at the Duty Team Office or at the Newport Carers Contact, or another suitable location.

You will be sent a form which you will be asked to complete in your own time and which will then be discussed with you by the person carrying out the assessment.