

Health Care

Individuals are encouraged to keep their own GP but if you are moving from an area where your doctor will not allow you to remain at the surgery there are three doctors' surgeries in the local area that you can be registered with. If you are unable to attend the surgery the Doctor will visit you at the Home.

Every Thursday there is an open surgery where a local Doctor visits to discuss any health issues or problems you may have and District Nurses visit when needed. All outside agencies can be contacted by us on your behalf if you wish and if you have an appointment at the Hospital, we will assist in arranging transport and provide an escort if your family and friends are unable to go with you.



Medication

Medication is ordered and dispensed by the Home. Some people choose to continue to manage their own medication. This is a matter of preference and can be discussed on admission. All medication must be received in the original packaging on admission.

Family, Social & Community Contacts

We support individuals in maintaining contact with family, friends and any organisations. Relatives and friends are welcome to visit at any time, but we do ask that meal times are observed and that you let us know if you go out and when you return. We request that visitors sign in and out of the guest book.

There is an individuals/carers committee that meet on a regular basis to discuss matters within the Home and also to organise events to raise funds for entertainment within the home and for social outings. A choice of social activities is offered for all those who wish to participate.

There is a hairdresser that visits regularly (the cost must

be met by the individual) but if you wish you can have your own hairdresser visit and the facilities in the Home can be used. There is also a pay telephone situated by the front door which is available for use by all individuals.

Catering

All meals are prepared on the premises in our fully modernised kitchen. Menu plans are varied and a choice of all meals is available and offered. Any special dietary requirements can be catered for (e.g. diabetic, low fat, low salt, gluten free etc). Mealtimes are as follows:

Breakfast	8.30am - 9.30am
Lunch	12.30pm - 1.30pm
Tea	5.30pm - 6.15pm
Buffet Supper	8.00pm - 8.30pm

Drinks and snacks available at anytime.

Finances

You will be required to make a weekly contribution towards the cost of your stay. The amount will depend on your financial assessment and you will be informed of the level of your contribution before you move in. You will have the choice of holding and managing your own finances. Information concerning any of your finances can be obtained during your Care Manager's visit.

General Information

The keeping of pets can be discussed on an individual basis and in consultation with other individuals and staff. The Home has a pet bird at present. Smoking is permitted in a designated lounge.

We will aim to make your stay as comfortable as possible. If you, your family or carers feel that the service has let you down, there is a complaints procedure which can be used.

If you would like this information in another language or format, please contact the Social Services Public Information Officer on 01633 656656 or email: swhinfo@newport.gov.uk

Blaen-y-Pant Residential Home



Services and Facilities

Welcome to Blaen-y-Pant House

The following information is a brief introduction about Blaen-y-Pant House. If this booklet does not answer all the questions that you may have please do not hesitate to contact us with any queries. We hope to make your stay as pleasant as possible and also hope that you find this booklet informative and helpful.

The Building

Blaen-y-Pant House is a 35 bedded residential home providing accommodation for people requiring long and short term stays. It is a three storey building with the ground floor providing care for 12 people with EMI needs. Also on the ground floor are two communal lounges with separate dining areas that overlook the gardens. The first and second floors have 23 bedrooms, 4 of which have en-suite facilities. There are also communal lounges and a spacious area where individuals can sit and relax with views overlooking the gardens and patio area.

Bedrooms

Each bedroom is fully furnished and decorated. The bedrooms all have washing facilities and there is a small safe. Keys to both the bedrooms and the safe are available for individuals to use. Keepsakes, pictures, personal items of furniture are welcomed so that you can make your room personal. You may wish to have your own television or private telephone line, although you will be responsible for the cost of aerial installation and telephone line and any calls made. Please note all electrical equipment and items of furniture will need to conform and meet with British Safety Standards.

Lounges

There are several lounges situated on each floor. These are all comfortably furnished giving a homely and welcoming environment. Every lounge has a television, video, stereo equipment and a freeview system.

There is also a designated smokers' lounge and private areas where individuals can meet with friends or families in private if they so wish.

Bathrooms

Toilets and bathrooms are situated throughout the building on all floors. There is hoisting equipment in each of the bathrooms and aids in each of the toilets to maximise individuals' independence. Shower facilities are also available and there are emergency call points situated throughout the building.

Coming to live at Blaen-y-Pant

Blaen-y-Pant provides care for older people with needs associated with increasing age.

Nursing care is not provided but before you come to the home a person called a Care Manager will have spoken to you and your family about your needs.

Where possible, a representative from the Home will visit you before you come to live here. If you are interested in making this your home you will be invited to spend the day, and then spend one or two weeks with us to decide if Blaen-y-Pant is to your liking. We strongly encourage these trial visits.

After admission, the Care Manager will carry out reviews to see that your needs are being met in the Home.



If your needs change, we can arrange for your service plan to be reviewed and updated as necessary.

Staff

Independence, choice, dignity, respect and rights of privacy will be promoted at all times. There is a key worker system in place in the home. This member of staff has particular responsibilities towards you and during your first few weeks they will help you settle in.

They will ask you about things you require help with and about things that you wish to do for yourself. These discussions will also help us to find out your likes and dislikes. Your key worker will put these details onto a personal service plan to give you consistent care.

Care Staff work in partnership with you but will not necessarily do everything for you. They will just assist when you wish. They will assist with personal care tasks such as bathing and see that your laundry is done. They will also be a point of contact for your friends and family.

The staff at Blaen-y-Pant are active in pursuing qualifications through the National Vocational Qualifications process and attend various training courses ensuring knowledge of Health and Safety and quality care issues.

We expect for staff to be treated with the same level of courtesy you would want for yourself.

Blaen-y-Pant House
76 Blaen-y-Pant Crescent, Newport NP20 5PX
Tel: 01633 855548 Email: blaen-y-pant.house@newport.gov.uk