



Countryside Walks in Newport...

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|---------------------------|--------------------------------|------------------------------|
| 1 Fourteen Locks Circular | 4 Llanwern Hill Circular | 7 Redwick Circular |
| 2 Castleton Circular | 5 Lodge Hill Walk - Caerleon | 8 Rhiwderin Circular |
| 3 Gwent Levels Circular | 6 Michaelstone-y-fedw Circular | 9 Rhymney Circular |
| | | 10 Langstone-Penhow Circular |



Countryside Walks



Bwrdd Iechyd Lleol
Local Health Board
Casnewydd
Newport



Version 1, October 2008

This brochure forms part of a series of four brochures on walks in the Newport area. Please see below for the other three brochures in this series.

Healthy Challenge Walks



Small Walks
for Small Feet

Healthy Start Walks





Useful Information

Bus & Rail Information

Traveline Cymru - 0871 200 22 33
www.traveline-cymru.org.uk

Other Information

Going for Gold - 01633 656 656
g4g.info@newport.gov.uk
www.newport.gov.uk/g4g

NHS Direct Online - 0845 46 47
www.nhsdirect.nhs.uk

Newport Local Health Board - 01633 261 430
www.newportlhb.wales.nhs.uk

Newport City Council - 01633 656 656
www.newport.gov.uk

Ramblers Association - 01633 894 172
www.ramblers.org.uk

Gwent Police -01633 838 111
www.gwent.police.uk