

NM NEWPORT MATTERS

The official newspaper of Newport City Council

JANUARY 2017. Edition 8.....

BUDGET CONSULTATION – HAVE YOUR SAY



At the December meeting of Newport City Council's cabinet, savings proposals totalling £3.5m were discussed and the public are now being asked for their views.

Although the cash reduction is better than anticipated, Welsh Government has confirmed that Newport City Council will receive a cut to its year-on-year revenue support grant for 2017/18 of 0.1 per cent, reducing it to just over £209million.

This funding from Welsh Government provides the majority of the council's

budget – around 80 per cent of its revenue. Council tax paid by residents accounts for about 20 per cent of the council's annual budget.

With less money coming in next year, Newport City Council's budget must fund nearly 1,000 different services, and the savings proposed are vital to ensure that the council can continue to deliver front line services and support and protect some of the most vulnerable members of the community.

For more information and to have your say visit www.newport.gov.uk/budget

EXCITING PLANS FOR NEWPORT'S FUTURE



► L-R: International Convention Centre, City of Democracy, City Summit venue

Next steps to make Newport a City of Democracy, a start date for the International Convention Centre Wales, and innovative projects were unveiled at the council's fourth annual City Summit recently.

A packed audience at the University of South Wales' city centre campus enjoyed an interesting and inspiring line-up of speakers whose overwhelming message was that Newport has much to be positive about.

One of the key sections was the proposal to give the city a unique selling point and details of research carried out by independent think tank ResPublica were given by its director Phillip Blond.

He outlined the strong potential for an option to develop the theme of democracy, building on the rich history of the city, including its Chartist legacy, to give the concept real depth and meaning.

Councillor Debbie Wilcox, Leader of Newport City Council, said:

"I believe that making Newport A City of Democracy has great potential to make us stand out from the crowd and the reaction to the idea has been very positive."

"ResPublica's report and recommendations was met with enthusiasm and great interest from the audience at the City Summit."

"This has to be about more than just creating a marketing tool or a slogan. The next step will be to further develop those ideas with business leaders, community groups,

schools and residents and creating a meaningful platform that will have lasting benefits for the city."

To read ResPublica's report and recommendations visit www.newport.gov.uk/cityofdemocracy

Ian Edwards, chief executive of the Celtic Manor Resort, said building work on the £100 million International Convention Centre Wales is set to start in February, and once it is open it will bring a £70 million economic benefit and 100,000 bedroom

nights to the area every year.

The Celtic Manor is also joining forces with the university, and specialist boutique hotel booking portal Welsh Rarebits, to create a new course that will develop the next generation of hotel and hospitality managers.

Councillor Wilcox said: "Many people are now realising that Newport is the place to do business and we are realising our potential as a city that has an exciting present and future that will benefit all those that live and work here."

MARKET WELCOMES NEW FOOD VENTURE

The latest business to open its doors in Newport Market has an international feel and promises to tantalise your taste buds.

Sicily to Seattle specialises in Sicilian and American vegetarian/vegan street food and has now set up home on the ground floor of Newport Market.

Customers will have the choice to eat in or grab a take-away, with dishes such as corn dogs, burgers, pasta, calzone and arancini on offer.

Business partners Karl Lovesey and Rama Ishaya originally ran a mobile business selling food at events, but thanks to a grant from the Kickstart programme, run jointly by Newport City Council and Tata Steel subsidiary UK Steel Enterprise, they have now made Newport Market their permanent home.

For more information on support for businesses in Newport visit www.newport.gov.uk/business



FORGING LINKS BETWEEN WALES AND SPAIN



Nuria Albert-Penades, who was originally from Valencia, has launched a new business, CulturAlive, which organises exchange visits for Welsh and Spanish youngsters.

A grant from the Kickstart programme, run jointly by Newport City Council and Tata Steel subsidiary UK Steel Enterprise, was used to develop the firm's website.

GRANT SERVED UP FOR NEW HIGH STREET BUSINESS



Parc Central opened for business in High Street in November after becoming the first recipients of a new type of grant from Newport City Council.

Matt Ellis and Ant Cook, who already own the successful Parc Pantry in Malpas and run the Tearooms in Belle Vue Park, have now moved into the city centre.

In the autumn, a business development fund of £60,000 was set aside for a number of initiatives to stimulate further economic growth and

investment in the city centre.

It included grants of up to £6,000 towards the costs of setting up a retail business in Commercial Street and High Street which the business partners applied for.

Councillor John Richards, Cabinet Member for Regeneration and Investment, said:

"It is great that the first grant has been awarded to Parc Central, and I'm sure it will go from strength to strength. The business development fund grants are designed to support new ventures by giving them some financial assistance



MINISTER VISITS VIBRANT PROJECT OPENING



Nuria Albert-Penades, who was originally from Valencia, has launched a new business, CulturAlive, which organises exchange visits for Welsh and Spanish youngsters.

A grant from the Kickstart programme, run jointly by Newport City Council and Tata Steel subsidiary UK Steel Enterprise, was used to develop the firm's website.

A Welsh Government minister called into the city to see one of the properties in the city centre that has been given a new lease of life thanks to the Vibrant and Viable Places programme.

Childsplay has recently moved to one of the units in the revitalised National Buildings in Commercial Street and Carl Sargeant, the Welsh Government Cabinet Secretary for Communities and Children, cut the ribbon to officially open the nursery.

Leader of Newport City Council, Councillor Debbie Wilcox, said: "Newport's city centre has been gradually, but significantly transformed over the last three

years. The Friars Walk scheme has been complemented by innovative regeneration schemes in many locations, enhancing, restoring and bringing back to life neglected properties.

"With the help of Welsh Government, and working with enthusiastic partners, we have been able to showcase the character and architectural beauty of some of our smaller and unique properties".

VVP funding was used towards cleaning the front and restoring the façade of the National Buildings so it looks as it did in the early 1900s. It has a selection of retail units on the ground floor with 12 flats above.

POP-UP BUSINESS SCHOOL

A two-week pop-up business school is coming to Newport next month as part of the city council's innovative business development fund.

Free to attend, it will run from 27 February to 10 March for both established businesses and those looking to start a new venture.

Pre-start and established businesses can access workshops and business support between 10am and 4pm and there will also be additional early and twilight sessions.

Partners include Newport City Council; Newport City Homes; Communities First; Newport Now; Business Wales; Monmouthshire Housing Association; Charter Housing and JobCentre Plus.

The pop-up business school team excite and inspire people who want to start or grow their business.

It complements traditional business support by getting people started or motivated to grow their business and feeding into mentoring and support schemes.

Workshop topics will include how to start a business for free, confidence building, overcoming barriers, building a website for free, marketing and social media, how to get customers.

There will also be follow-up support, events and test trading opportunities.

For more information visit www.newport.gov.uk/business



BECOME 'TRADING STANDARDS APPROVED'

Newport City Council's Trading Standards is launching a new scheme that will help people to 'Buy With Confidence' from local tradespeople and businesses.

This national scheme awards a Trading Standards 'approval' of businesses who meet a strict level of service.

Details of accredited businesses are then available online where customers can search by area and type of service/product.

Councillor Bob Poole, Cabinet Member for Regulatory Functions, said: "This is a great way of helping people access trustworthy companies and make an informed choice."

"Our Trading Standards team work very hard to deter and prosecute rogue traders, and this excellent resource will complement this work and help protect the consumer."

For more information visit www.buywithconfidence.gov.uk



GET HELP FROM AWARD-WINNING BUILDING CONTROL SERVICE

Winners of Building Excellence Awards, the council's in-house building control team can oversee and guide all types of building regulation applications in a quick and professional manner. They are extremely competitive and "not-for-profit".

For more information, visit www.newport.gov.uk/buildingcontrol or email building.control@newport.gov.uk

Newport City Council has launched a campaign to make the city free of fake and counterfeit goods and services.

'Fake Free Newport' will see the council's Trading Standards department working with local businesses to raise awareness and prevent the sale of these poor quality and illegal items.

Not only can counterfeit goods be dangerous to the user, they are also often distributed by organised crime groups and individuals who hide their profits from the government. Such products are sometimes made in areas of the world where the workers face poor conditions, low pay and exploitation.

The sale of counterfeit goods and services also costs the UK economy millions of pounds each year and puts at risk the jobs and livelihoods of thousands of workers and business owners.

Newport City Council also takes its responsibility in enforcing the laws around counterfeit and fake goods seriously and will investigate and prosecute individuals and traders breaking the law. Businesses looking to invest in the area will know they are becoming part of a respectable city, and shoppers reassured that they can buy in Newport with confidence.

Member for Regulatory Functions, was joined at the launch by representatives of Cineworld, Wildlings, The Lamb and Debenhams.

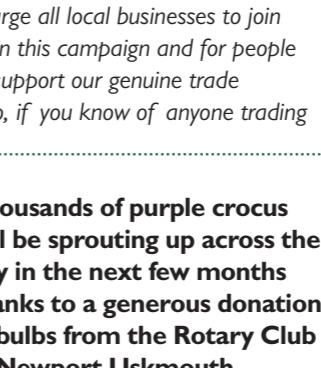
"Together with the city's legitimate businesses, we are making a public stand against counterfeit goods and sending out a clear message that Newport is a fake-free city," he said.

A number of key city retailers have already signed up to the scheme and are displaying 'Fake Free Newport' window stickers which serve to reassure customers that their goods and services are genuine.

"Fake goods and services may seem like a bargain, but they can be very damaging – to health and safety, to legitimate business and to the rights of individuals.

"I urge all local businesses to join us in this campaign and for people to support our genuine trade also, if you know of anyone trading

FAKE FREE NEWPORT



Thousands of purple crocus will be sprouting up across the city in the next few months thanks to a generous donation of bulbs from the Rotary Club of Newport Uskmouth.

More than 10,000 bulbs were donated to Newport City Council by local Rotarians which were planted throughout November at parks, schools and public spaces.

And parks staff and volunteers planted hundreds of bulbs along the main path of Beechwood Park in November. The gift from Rotary, backed by Rotary International, came about after the organisation joined forces with the Royal Horticultural Society to plant the purple crocus – a symbol of Rotary's worldwide campaign to eradicate polio – in as many places as possible across the UK.

ROGUE TRADERS PROSECUTED

A shopkeeper who used a baby monitor and chute to deliver illegal cigarettes on demand to his customers has been jailed for participation in a fraudulent business

In what is believed to be the biggest Trading Standards investigation of its type in Wales, Tahar Mohammed and shop keeper Feryad Mohammed Abdul-Kadir, 33, admitted handling and selling more than £427,000 worth of smuggled and counterfeit tobacco.

Two other men who worked in the shop, Richard Jendrejczak, aged 41 and Burham Karim, aged 37, were also sentenced for their part in the fraud.

Newport City Council's Trading Standards officers worked with colleagues from HM Revenue and Customs (HMRC) and police to carry out the investigation. In total, nearly three quarters of a million cigarettes and over 300kg of hand rolling tobacco, with an estimated duty and tax evaded of £300,000, were seized.

An inspection of a storage unit owned by Mohammed uncovered more than 225,000 counterfeit and non-duty paid cigarettes, and more than 112kg of hand rolling tobacco, stored in various containers including cardboard boxes of Lithuanian bread. Trading Standards Officers found the same boxes, with identical batch numbers, at Abdul-Kadir's shop, Eastern European Food, Commercial Road.

Trading Standards and HMRC officers also discovered more than 500,000 illicit cigarettes and 194.8kg of hand rolling tobacco in a garage at Mohammed's home address in Bristol. Over £40,000 in cash, hidden under his bed, and bags containing thousands of pounds in coins, were also seized.

A search of the flat above the shop, also owned by Mohammed and rented by Jendrejczak, revealed a chute under the floorboards leading directly into the shop's stockroom. The chute was purposely disguised behind a false wall.

A baby monitor, found next to the chute, was used to communicate with colleagues in the shop who were selling the tobacco to customers.

AMBASSADORS SPREADING THE GOOD WORD

People working on the tourism frontline have been armed with information about the city's many attractions to pass on to visitors.

Last year, the city council launched its Welcome to Newport scheme which offered training to people from a variety of businesses and organisations.

Research was also carried out into the "story of Newport" which wove together the historical strands and current themes that have made the city.

It was funded with grants from the Welsh Government Regional Tourism Engagement Fund with support from Newport Now, the business improvement

district organisation, as well as some council funding.

As a result, the Newport Ambassadors are able to give visitors to their locations or events an insight into other interesting city landmarks as well as their historical background and links.

Councillor John Richards, Cabinet Member for Regeneration and Investment, said:

"It is fantastic to see so much enthusiasm from the wonderful Newport Ambassadors for our city and its many fascinating attractions."

jobs – and we want to offer them lots to see and do while they are here and so they want to return.

"As well as tapping into the knowledge of the Newport Ambassadors, visitors can use the Newport Explorer (www.visitnewport.wales) which enables smartphone users to scan codes at various locations around the city. They can watch archive film, listen to local memories and see vintage views.

"We also want residents to discover what the city has to offer – they might be surprised to find what is right on their doorstep."

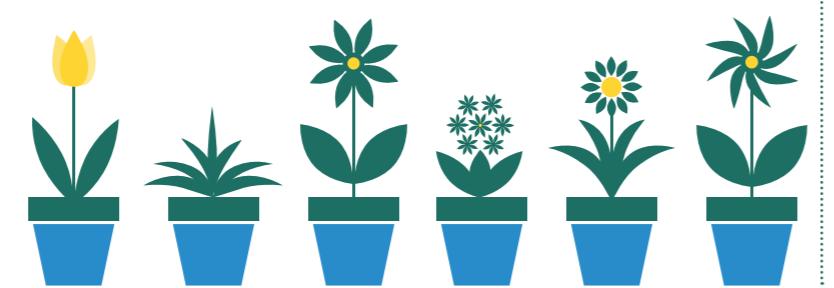


COUNTRYSIDE VOLUNTEER TEAM

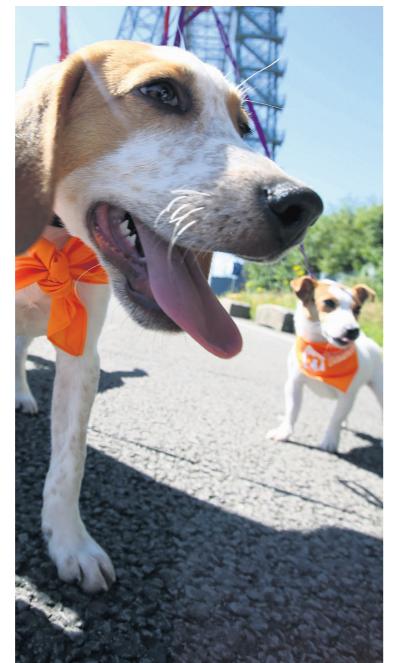


A group of residents have responded to an appeal from Newport City Council to carry out practical conservation tasks. So don those gardening gloves and have a go.

Together with Keep Wales Tidy and Fourteen Locks Canal Centre, the council's green services team



CAN YOU WALK A DOG?



Newport City Dogs Home is run by Newport City Council and takes in stray dogs found by residents or brought in by dog wardens.

Volunteers make a huge difference by supporting the team and we are always looking for people to help out and walk dogs. We also welcome donations of doggy items, new or used.

Call 01633 656656 or email dog.control@newport.gov.uk

SUPPORTING PEOPLE IN NEWPORT

Councillor Paul Cockeram, Newport City Council's Cabinet Member for Social Services and Housing, has welcomed the confirmation that funding to help Newport residents is to be protected.

In the autumn, the Welsh Government announced that the Supporting People Programme Grant would be £124.48 million – the same as last year.

Councillor Cockeram said:

"In Newport, more than 4,000 people are helped each year by more than 100 accommodation-based and floating support projects led by our dedicated team in partnership with other providers."

Recently, the Gwent supporting people teams, including Newport, won the Commissioning Excellence Award at the 2015 Promoting Independence Awards.

Newport's Supporting People team works with people who are dealing with difficult issues such as homelessness, domestic abuse, substance misuse, financial pressures, physical disabilities and mental health problems but they are all individuals who need support to live in our communities, sometimes just while they get back on their feet while others need more long-term support.



SMOKING BANNED AT SCHOOL'S GATES

► Councillor Gail Giles at Caerleon Comprehensive School, as the voluntary ban on smoking at school gates is launched



Caerleon Comprehensive School is the first in the city to officially adopt a voluntary ban on smoking at its school gates.

The no smoking campaign is part of Newport City Council's healthy school initiative and is supported by tobacco control charity ASH Wales Cymru.

Every secondary school across the city is being asked to follow Caerleon's example and implement

the voluntary ban. Many primary schools in Newport are also in the process of implementing smoke-free zones at their gates.

Newport Cabinet Member for Education and Young People, Councillor Gail Giles, said: "I am pleased schools in our local

authority area have the chance to sign up to this initiative.

"Anything we can do to encourage people not to smoke around their children, and particularly at the school gates, is a good thing. We hope all schools across Newport will take up this voluntary code."

CITY CENTRE LEARNING HUB ON ITS WAY

Newport City Council has joined the University of South Wales and Coleg Gwent on a task force developing a Newport Knowledge Quarter.

A formal Memorandum of Co-operation (MOC) was signed by council leader Debbie Wilcox at a ceremony in the Civic Centre.

Potential options include a new further education development for the college and creation

of shared facilities to enhance learning and progression to university study.

The joint ambition is of creating a unique learning environment in the heart of the city centre for enhancing academic and vocational skills, and expanding future opportunities.

Cllr Wilcox said:

"The partners' ambition is huge, and this will be a catalyst for major positive change. The Knowledge Quarter deserves the support of everyone who cares about Newport's future."

Cllr Wilcox was joined as a co-signatory by the Vice Chancellor of the University of South Wales, Professor Julie Lydon, and Principal of Coleg Gwent, Guy Lacey.

"2017- WE'VE GOT A LOT TO LOOK FORWARD TO"- LEADER'S MESSAGE

DO YOU CARE? COULD YOU FOSTER?

In Newport there is a shortage of foster carers for children aged 10 and over and many youngsters have to be placed outside the local authority area away from their friends and familiar surroundings.

Here is one story about Matthew, now an adult, who grew up in foster care. Here, he provides an insight into what it was like for him as a foster child and how he found a supportive and loving foster family.

"When I arrived in the care system aged six I kept thinking that one day I would return home to my mum. This didn't happen and I found myself with my little brother in a large children's home outside of Newport. As the years passed I had a lot of misplaced anger – thinking that everyone was stopping me from going home – when, in reality, my mum wasn't willing to do what it took to have me back.

"I spent 17 years of my life in the care system and, although I was never

adopted, I ended up at a wonderful foster home where they kept me long term. I am eternally grateful that there are people out there willing to open up their homes and support children who need love, inspiration and positive role models. My foster carers provided me with as much love and support a person could ask for. They acknowledged that they could never replace the role of my birth mother, who I continued to love and think about very much. What they could and absolutely did do, was provide and want for me all that they did for their own children; success, happiness, emotional wellbeing and good physical health."

For more information on fostering visit www.newport.gov.uk/fostering or call 01633 656656.



As the cogs start whirring again after the Christmas break, I'd like to take this opportunity to wish all our readers a very happy 2017.

As a city we are certainly gearing up for what promises to be a busy year that will build on the many achievements we saw in 2016.

Towards the end of last year we introduced an idea to develop Newport as a City Of Democracy. At the City Summit, which brings together some of Newport's most influential organisations and individuals. We heard the details of an independent report into how we can use this to further boost the profile of the city. We'll be taking this forward over the coming months and want as many people across the city to be involved.

This project is just one example of the excellent work being done with our partners. Another is the development of the Knowledge Quarter. Working with the University of South Wales, Coleg Gwent and businesses, we hope to see further and higher education supporting the aspirations of everyone in Newport.

Many of you will have hit the city centre for your Christmas shopping and celebrations – we are all very proud of the range of retailers and eateries we now have on offer and we will continue to support the continued growth of independents, start-ups and national retailers. There are some great examples of where we've been able to support such businesses in the city.

There will certainly be challenges ahead – tough budgets and uncertain times nationally will affect how we deliver services, but I am confident that together we can make Newport the city it deserves to be.

Councillor Debbie Wilcox,
Leader of Newport City Council



WEBSITE HELPS THE HARD OF HEARING

Newport City Council's website uses Browsealoud software which enables users to hear web pages being read out loud, magnified or translated into one of 30 different languages.



STEELWORKERS FOUGHT FOR COUNTRY

The real life stories of Newport's Orb steel workers who signed up to fight in the First World War is the subject of a two year community project, launched in November.

Entitled 'First World War – Steel Remembered' the project was made possible following a £32,900 funding grant from the Heritage Lottery Fund (HLF).

The collaborative project is being led by Linc Cymru (Linc), the organisation behind the restoration of Newport's Lysaght Institute.

Through a combination of special events, workshops and outreach programmes the project team, which includes the local community, will uncover the real life stories of the Orb steel workers who marched off to war in 1914-1918 and survived, and those commemorated on the Orb

Steel Works War Memorial.

Partners already signed up to the project include National Museum Wales, Gwent Archives and the University of South Wales, as well as several local schools, tenant groups from Linc and the Lysaght Community Focus Group.

An exhibition is planned for Spring 2018 at the Senedd with a second planned at the Lysaght Institute to coincide with the 100th anniversary of Armistice Day later in the year.

Local Historian Stephen Berry, author of the Orb Steel Works Centenary Book, attended the launch event and said:

"During the First World War everybody was encouraged to sign up or join the war effort. The men of the Orb Steelworks answered that call in their droves and were encouraged by their employer to go."



► Pupils from St Andrews Primary School and Ysgol Gymraeg Ifor Hael with Suzy Bowers of Linc Cymru, Nigel Clubb of the Heritage Lottery Fund and, dressed in uniform, LR Robin Mellor and Christopher Coode of The Great War Society.

HAVE YOUR SAY

SHARING CARE TO SUPPORT ADULTS

Newport City Council has improved its cycle and walking routes across the city as part of its commitment to increasing healthy lives through active travel, and now it wants your input on ways to make further improvements.

A series of drop-in sessions have been organised so that the public can have their say on the Integrated Network Map. You can raise queries and share ideas at the following sessions:

Tuesday 17 January

Fourteen Locks Canal Centre, Cwm Lane, Rogerstone
Noon to 4pm.

Tuesday 31 January

Newport International Sports Village, The Commonwealth Suite, Velodrome Way
2pm to 7pm.

Thursday 9 February

Caerleon Town Hall, Library, Church Street, Caerleon
2pm to 7pm.

If you would like more information please contact streetscene@newport.gov.uk

South East Wales Shared Lives Scheme offers a unique community based service for adults who need care and support.

People using the service are matched with compatible Shared Lives carers who offer to share their home, family and community lives.

Shared Lives carers are carefully recruited, assessed, trained and supported.

They come from all walks of life and are united through their enthusiasm, commitment and positive motivation to make a real difference in people's lives.

The scheme's flexibility means that carers can provide support for lots of different people in a wide range of situations.

For more information visit www.caerphilly.gov.uk/sharedlives; call 01443 864784 or email adultp@caerphilly.gov.uk

COUNTDOWN TO HALF MARATHON



On Sunday 5 March, thousands of runners will gather for the fifth Admiral City of Newport half marathon.

The challenge is to run 13.1 miles around the city while also raising vital funding to support hospice services in south east Wales.

Starting in the heart of the city centre, the finish line will be on the Riverfront pathway where family members and friends can gather to support the runners.

Non-runners can also get involved by signing up as a volunteer or even a sponsor.

For more information or to register visit [www.cityofnewporthalfmarathon.com](http://cityofnewporthalfmarathon.com) or call 01633 851051.

WHAT'S ON



DIGITAL FRIDAYS
Free sessions held at Newport City Council libraries across the city.
www.newport.gov.uk/digitalcity

NEWPORT WETLANDS
www.rspb.org.uk
14 January
Family birdwatching workshop

11 February
Wildlife photography workshop for beginners

DOLMAN THEATRE
www.dolmantheatre.co.uk
27 January – 28 January
Mulan Junior – Mini Venture
Players performing this Disney Junior version of Mulan

1 February – 2 February
Mix Tape presented by Phoenix Productions for an evening of popular music and dance

14 February – 18 February
Hi-de-Hi presented by Newport Playgoers Society

RIVERFRONT THEATRE
www.newportliveco.uk
2 February
Seven: Tiffany Stevenson

11 February
So You Think You Know About Dinosaurs? By Ben Garrod

NEWPORT ST WOOLS CATHEDRAL
www.newportcathedral.org.uk
24 January
MU knit and craft group 2pm

26 January
PCC meeting 6.30pm

TREDEGAR HOUSE
www.nationaltrust.org.uk
18 February
(+ 8 other dates)
2017 season kicks off with family fun over February half term 11am-4pm


Os nad ydych yn rhedwr; gallwch hefyd gymryd rhan drwy gofrestro fel gwirfoddolwr neu hyd yn oed noddwr.

Am fwy o newyddion ewch i www.newport.gov.uk 6

GWETHWYR DUR NYMLADD DROS EU GWLAD

Mae straeon go iawn gweithwyr dur cwmni Orb yng Nghasnewydd a gofrestrodd i ymladd y Rhyfel Byd Cyntaf yn destun prosiect cymunedol dwy flynedd o hyd a lansiwyd ym mis Tachwedd.

Bwriadir cynnal arddangosfa yn y Senedd yn ystod Gwanwynn 2018 gydag ail arddangosfa yn cael ei threfnu yn Sefydliad Lysaght i gydfynd â'r digwyddiad i nodi 100 mlynedd ers Dydd y Cadeoedd yn ddiweddarach yn y flwyddyn.

Mae'r prosiect cydwethredol yn cael ei arwain gan Linc Cymru (Linc), y sefydliad a oedd yn gyfrifol am adfer Sefydliad Lysaght yng Nghasnewydd.

Dyweddodd yr hanesydd lleol Stephen Berry, awdur 'Orb Steel Works Centenary Book', a oedd yn y digwyddiad lansio:

"Yn ystod y Rhyfel Byd Cyntaf, cafodd pawb eu hannog i gofrestro neu ymuno â'r ymdrech. Atebodd dynion Gwaith Dur Orb yr alawd yn eu canoedd a chawsant eu hannog gan eu cyflwyni i fynd."



► Disgyblion Ysgol Gynradd St Andrews ac Ysgol Gymraeg Ifor Hael gyda Suzy Bowers o Linc Cymru, Nigel Clubb o Gronfa Drefadaeth y Loteri ac, wedi'u gwisgo mewn iwniiform, o'r chwith i'r dde, Robin Mellor a Christopher Coode o'r Great War Society.

DWEUD EICH DWEUD

Mae Cyngor Dinas Casnewydd wedi gwella'r Iwybrau seiclo a cherdded ar draws y ddinas fel rhan o'i ymrwymiad i sicrhau bod mwy o bobl yn bwytwydau iach drwy ddefnyddio dulliau teithio llesol. Nawr, mae eisiau eich mewnbwr chi ar sut y gall gwnaed gwellianau pellach.

Mae cyfres o sesiynau galw i mewn wedi'u trefnu fel bod y cyhoedd yn gallu dweud eu dweud ar y Map Rhwyaith Integredig. Gallwch ofyn cwstieniawr a rhannu syniadau yn y sesiynau canlynol:

Dydd Mawrth 17 Ionawr
Canolfan Gamlas Fourteen Locks, Cwm Lane, Trefgwilym Rhwng hanner dydd a 4pm.

Dydd Mawrth 31 Ionawr Pentref Chwareeon Rhwngladol Casnewydd, Ystafell y Gymaenwlad, Velodrome Way Rhwng 2pm a 7pm.

Dydd Iau 9 Chwefror Neuadd y Dref Caerlioni, Llyfrgell, Stryd yr Eglwys, Caerlioni Rhwng 2pm a 7pm.

Ou hoffech gael rhagor o wybodaeth, ewch i www.caerphilly.gov.uk/sharedlives; ffoniwch 01443 864784 neu anfonwch e-bost i adultp@caerphilly.gov.uk

Mae'r partneriaid sydd eisoes wedi ymrwymo i'r prosiect yn cynnwys Amgueddfa Cymru, Archifau Gwent a Phrifysgol De Cymru, yn ogystal â sawl ysgol leol, grwpiau tenantiaid Linc a Grŵp Focws Cymuned Lysaght.

Bwriadir cynnal arddangosfa yn y Senedd yn ystod Gwanwynn 2018 gydag ail arddangosfa yn cael ei threfnu yn Sefydliad Lysaght i gydfynd â'r digwyddiad i nodi 100 mlynedd ers Dydd y Cadeoedd yn ddiweddarach yn y flwyddyn.

Dyweddodd yr hanesydd lleol Stephen Berry, awdur 'Orb Steel Works Centenary Book', a oedd yn y digwyddiad lansio:

"Yn ystod y Rhyfel Byd Cyntaf, cafodd pawb eu hannog i gofrestro neu ymuno â'r ymdrech. Atebodd dynion Gwaith Dur Orb yr alawd yn eu canoedd a chawsant eu hannog gan eu cyflwyni i fynd."

RHANNU GOFALE MWYN CEFNOGI OEDOLION

Mae Cynllun Rhannu Bywydau De-ddwyrain Cymru yn cynnig gwasanaetha cymunedol unigryw i oedolion sydd angen gofalu a chymorth.

Caiff pobl sy'n defnyddio'r gwasanaethau paru a gofaluwr Rhannu Bywydau cymharus sy'n cynnig rhannu eu cartref, eu teulu a'u bywyd yn y gynnwys.

Caiff galwyr Rhannu Bywydau eu reciriwto'n ofalus, eu hasesu, eu hyfforddi a'u cefnogi.

Daw'r gofaluwr o gefndiroedd gwahanol ond yr hyn sy'n eu cysylltu yw eu brwdwrydedd, eu hymrwymiad a'u cymhelliant i wneud gwahaniaeth gwirioneddol i fywydau pobl.

Mae hyblyrwydd y cynllun yn golygu y gall gofaluwr roi cymorth i lawer o bobl wahanol mewn amrywiaeth eang o sefyllfaedd.

I gael rhagor o wybodaeth, ewch i www.caerphilly.gov.uk/sharedlives; ffoniwch 01443 864784 neu anfonwch e-bost i adultp@caerphilly.gov.uk

PARATOI AT YR HANNER MARATHON



Ar ddydd Sul 5 Mawrth, bydd miloedd o redwyr yn ymgynnull ar gyfer pumed hanner marathon Dinas Casnewydd Admiral.

Yr her yw rhedeg 13.1 o filtroedd o amgylch y ddinas tra'n codi arian hollbwysig i gefnogi gwasanaethau hobsis yn ne-ddwyrain Cymru ar yr un pryd.

Bydd yr hanner marathon yn dechrau i lawer o bobl wahanol mewn amrywiaeth eang o sefyllfaedd.

"Rydym wedi cael ein synnu ar yr ochr orau gan y fförd ymae'r gynnwys wedi croesawu'r digwyddiad hwn," dywedodd Christine Vorrés, Cyfarwyddwr Ras."Daw trigolion lleol allan i gefnogi'r redwyr; mae hyd yn oed bagbibydd

DIGWYDDIADAU



DYDD GWENER DIGIDOL
Cynhelir sesiynau am ddin yn Ilyrgelloedd Cyngor Dinas Casnewydd ar draws y ddinas.
www.newport.gov.uk/digitalcity

GWLYPDIROEDD CASNEWYDD
www.rspb.org.uk
14 Ionawr
Gweithdy gwyllo adar i'r teulu

11 Chwefror
Gweithdy fotograffiaeth bywyd gwylt i ddechreuwyr

THEATR DOLMAN
www.dolmantheatre.co.uk
27 January – 28 January
Mulan Junior – Mini Venture Players yn perfomio'r fersiwn Disney Junior hon o Mulan

1 Chwefror – 2 Chwefror
Mix Tape - noson o gerddoriaeth a dawnsio poblogaidd wedi'i chyflwyno gan Phoenix Productions

14 Chwefror – 18 Chwefror
Sioe Hi-de-Hi wedi'i chyflwyno gan Gymdeithas Ddramagarwyr Casnewydd

THEATR GLAN YR AFON
www.newportliveco.uk
2 Chwefror
Seven: Tiffany Stevenson

11 Chwefror
So You Think You Know About Dinosaurs? By Ben Garrod

EGLWYS GADEIRIOL GWYNLLYW CASNEWYDD
www.newportcathedral.org.uk
24 Ionawr
Grŵp gwau a chrefftau MU 2pm

26 Ionawr
Cyfarfod PCC 6.30pm

Tŷ TREDEGAR
www.nationaltrust.org.uk
18 Chwefror
(+ 8 dyddiad arall)

Mae tymor 2017 yn cychwyn gyda hwyl i'r dduo dros hanner tymor mis Chwefror

I 1am-4pm

