

## **NEWPORT SENIOR CITIZENS FORUM**

### **EXECUTIVE COMMITTEE MEETING**

**Monday 10 April 2017**

**Castle Room, Newport Centre**

#### **Attendees:**

Forum Members:	Shirley Evans - Chair (SE) Clive Hard - Vice Chair (CH) John Cox BEM - Secretary (JC) Rev Graham Moore (GM) Bobbie Conway (BC) Ruth Knight (RK) Rita Hancock – Treasurer (RH) Margaret Roberts (MR)
Others:	Sandra Trimarco - Strategy & Partnership Manager, Newport City Council – (ST) Kate Thomas - Health & Social Care Facilitator, GAVO (KT) Janet Morgan - Carers Forum (JM) Jackie Davies - Minutes (JD)
<b><u>Apologies:</u></b>	Ralph Diaper (RD) Cllr Trevor Watkins (TW)

#### **1. Minutes and Matters Arising**

- 1.1 The Chair thanked JC for the article in Grassroots, South Wales Argus.
- 1.2 It was reported that Cllr T Watkins' gave his apologies as his wife had an accident. The Council elections take place on 4 May 2017 and it may be that we have a different Champion for Older People to represent the Senior Citizens Forum after this date.
- 1.3 Point 2.3 JM reported that 'Week In Week Out' Panorama programme has been aired on TV. It was based in North Wales.
- 1.4 Point 2.6 50+ **Information Day**, ST to confirm date of 28 October 2017.
- 1.5 Point 4.1.1 - **Patient Reference Group** – BC reported on the meeting which took place. Meetings to take place 4 times a year and they are inviting more people to attend. The reference group follows on from Dr Richard Gilpins work and looks at the patient experience of the Older Persons Pathway and those on 'Stay Well Plans'. It will be held in various locations with the next meeting taking place on 29 June 2017, Victoria House (near the Bus Depot, Corporation Road) 1.30-3.30pm. ST is the Council's operational lead and gave an overview of the Older Persons Pathway' which has been rolled out to 10 of the 20 GP practices in Newport.
- 1.5.1 Sandra Trimarco gave a brief account of what Older Persons Pathway hopes to achieve -

The joint health and social care project has been running in Newport for 2 years, and is funded through the Welsh Government's Intermediate Care Fund (ICF) until April 2018, primarily aimed at people over 75 years. A computerised 'Risk Stratification Tool' was designed to analyse electronical medical records of patients and come up with a list of people that felt possibly would benefit from a Stay Well Plan to prevent the need for scheduled or emergency hospital care in the next 2-5 years. Once identified these people would be contacted by their GP and asked if they would like a 'Stay Well Plan'. This would be very individual to the person; looks at their condition(s) and asks, how can we help you to help yourself to stay healthy'. A Care Facilitator, from Age Cymru, commissioned by the Council through the ICF fund, goes out to people's homes, assess their needs through a 'What matters to you' conversation then records their needs in a booklet. The first Patient Reference Group helped design this booklet, which is easy to understand and looks at things from the patient's point of view. The Project has been rolled out to 10 GP Practices out of the 20 in Newport, with still 10 to go. Every time it is rolled out to a new GP Practice a new list is run called the 'Risk Stratification Tool'. For the people who stay on the 'Stay Well Plan' it is hoped that their condition(s) are helped to stay well.

Part of the Older Persons Pathway Project, also linked to the Frailty Project, is a Patient Reference Group and that Patient Reference Group will look at various things the Older Persons Pathway Project is doing. One of these projects at the moment is Digital Stories – filming people to find out what the Stay Well Plan has meant to them. The letter that goes out to patients will also be looked at because only around 30% of people who receive it take up the opportunity of the Stay Well Plan. The Patient Reference Group will look at this and ask why the percentage is low, look at wording etc.

The Group are looking for people to stay on the Stay Well Plan, but also family carers. Anyone could be involved and you don't necessarily have to be over 75 years to attend.

- 1.6 Point 4.1.2 – Looking for Speakers for July – Police (Senior Citizens Liaison Team). ST reported that she had sent an e-mail inviting the police, but nothing has been confirmed. The Chair asked for ideas for Speakers for future meetings would be acceptable.
- 1.7 GM commented on point 4.7.2 – whilst anyone would be made welcome at GAVO meetings they would not be able to attend Committee Meeting.
- 1.8 Point 5.2 - JC wanted it noted that his e-mail address [jhnjonesey@aol.com](mailto:jhnjonesey@aol.com) is all lower case.
- 1.9 Point 5.3 – Residential Care – the amount has been increased, but until we have more details then information would not be passed on to the public.
  - 1.10 Point 5.4 - Death Duties, GM had forgotten to bring the article to the meeting. The Chair commented that until the details have been checked she would not make this information public.

## **2. Correspondence**

- 2.1 None received.

### **3. Reports**

- 3.1 Chairperson 3.1.1 Nothing from Chair.
- 3.1.2 Fairness Commission - Next meeting end of May 2017.
- 3.1.3 Newport Older Persons Advisory Group - Not sitting at the moment.
- 3.1.3 South Wales Forum Chair Group - Nothing to report.
- 3.1.4 Care and Repair Board  
Next meeting taking place on 27 April 2017 at 2pm, Offices in High Street, Newport.  
ST and SE will attend.
- 3.2 Secretary - Nothing to Report
- 3.2.1 The Chair thanked JC for Grassroots articles in the South Wales Argus.  
  
Gwent Forum in Abertillery meeting – organised by Blaenau Gwent. Members attended and reported it was very good. The other Forums who attended the Gwent Forum were discussed and it was agreed that Newport had prepared a good report and were very professional. Discussed. They would like to attend a future Newport meeting to support them setting up their own Forum.
- 3.2.2 RK reported that there is an article on the website regarding Senior Citizen Forum giving an insight to what the Forum does and future dates of meetings.
- 3.2.3 The Senior Citizen Forum would like to thank Leigh Vella, Community Connector for designing the Poster which is currently being distributed promoting them.
- 3.3 Treasurer
- 3.3.1 The Chair reported that all expenses had been submitted to the Council.
- 3.3.2 RH reported that Monmouthshire Building Society had updated account and 51p interest had been added. The balance sits at £103.86.
- 3.3.3 GM asked if our accounts should be audited. This was discussed and agreed that two members (Margaret and Janet) would have a look at the Senior Citizen Forum's accounts.
- 3.4 Public Relations the Chair thanked JC for all his work.
- 3.5 GAVO
- 3.5.1 GM reported that he has stepped down as Chair. Each representative in turn will Chair Third Sector Forum. Looking to attract more people, especially younger people, to attend these meetings.

3.6 Welsh Senate for Older People

- 3.6.1 This group was discussed and felt by RK and BC that it is not viable to attend as the meeting dates clash. Little correspondence has been received from the Senate.
- 3.6.2 ST commented that the Welsh Senate for Older People represents the whole of Wales and gives Newport Forum a voice. RK and BC commented that despite giving their names and contact details the Group do not update their records.

3.7 Carer's Forum

- 3.7.1 Nothing further update; the forum is only running social events for 6 months.
- Coffee / Cake, 11am – 12pm – Java – 12 April 2017
  - Pamper Day and Lunch – 11am – 1pm – Bettws in Bloom – 25 April 2017
- 3.7.2 JM talked about how she sees the future of the Carers Forum going forward and how needed the Forum is. It may be that the Carers Forum operates through the Complaint procedures in future and supports carers through the process. Projects were discussed.
- 3.7.3 JM reported that another authority had been in touch with regards setting up a Carer's Forum in their area.

**4. Any Other Business**

- 4.1 Future speakers – someone from frailty team to present. ST to contact Trish Bartley
- 4.2 Care workers discussed – packages of Care discussed. KT gave Community Health Council tel number as 01633 838516.
- 4.3 JC passed round a leaflet from a political party with good ideas. The Chair stated that the Senior Citizen Forum is politically neutral.
- 4.4 KT reported on Welsh Government consultation on the way the health service is working and she will send link to ST. NHS discussed.
- 4.5 JM reported on difficulty getting POVA e-mail address. SE suggested go through adult services (press button 3) as this was a dedicated number. KT suggested to go through help centre and ask for duty desk.
- 4.6 The Chair mentioned Severn Bridge Tolls and the hope that this will be reduced in the coming years. The state of the road on the bridge was mentioned and maintenance and the upkeep of it.
- 4.7 GM commented that at the moment charge is on one direction, but suggestion is it will be both directions. GM asked won't this make the cost of crossing the bridge the same. It was commented that the costs would reduce, but be split over the both ways ie £1.50 each way. Discussed.
- 4.8 GM asked if everyone could be reminded at this afternoon's public meeting of the local election taking place on 4 May 2017 and encouraged to vote. Postal votes were discussed.

- 4.9 ST reported that Alzheimer's Society and Newport Norse are holding a tea dance on 18 May 2017 in the market, posters to follow.
- 4.10 The Chair reported that Cllr Ron Morris will bring concert tickets for 20 May 2017 this afternoon. The concert is taking place at Christchurch Centre and is being organised by the Rotary Club. Taking part is Newport Band, Caldicot Male Voice Choir and Gwent Accordion Band. Date has been booked for next year along with entertainment.
- 4.11 The Chair mentioned that she would make the public aware at this afternoon's meeting about the future of free Bus Passes and the consultation process that will be taking place 2017/18.
- 4.12 Parking at Specsavers still an issue. KT mentioned that free parking on Sundays at Friars Walk will be available for a few more weeks.
- 4.13 Backing Newport Campaign – trying to find out who to contact. KT mentioned hotline for 'Pride in Newport' – she will send telephone number to ST.

**Public Meeting:** Speakers this afternoon include:  
Will Beer talking about Primary Care, Older Persons Pathway and Stay Well Plans  
Julia Osmond, Public Health Wales – Older People and Alcohol  
Pat Warlock – ABUHB - Advanced Care Planning

5. **Date of Next Meeting** – 8 May, Civic Centre at 10.30am, Committee Room 2

## AGENDA

### Newport Senior Citizens Forum

#### Executive Committee Only

MONDAY 8TH MAY 2017

- 1 APOLOGIES FOR ABSENCE
- 2 MINUTES & MATTERS ARISING
- 3 CORRESPONDENCE
- 4 REPORTS
  - (a Chairperson
    - (i Fairness Commission
    - (ii Newport Older Persons Advisory Group
    - (iii South Wales Forum Chair Group
    - (iv Care and Repair Board.
  - (b Secretary
  - (c Treasurer
  - (d Public Relations
  - (e GAVO
  - (f Welsh Senate for Older People
  - (g Carer's Forum
- 5 ANY OTHER BUSINESS

**Next Open Public Meeting** 2pm-3.30pm, 10<sup>th</sup> July 2017, Castle Room, Newport centre.