

DRAFT

Ageing Well in Wales Program

# Ageing Well In Newport

## Delivery Plan 2016-18

*... making Newport a great place to grow older*

- Age Friendly Communities
- Dementia Supportive City
- Falls Prevention and Health Promotion
- Combating Loneliness and Isolation
- Opportunities for employment and skills for the over 50's



# Ageing Well in Newport Delivery Plan 2016-18

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# Ageing Well In Newport Delivery Plan

## Section 1: Introduction

The national Ageing Well in Wales program was launched by the Older Person's Commissioner in 2014. The program identifies 5 priority themes to improve the lives of older people. Phase 1 relates to 2014-15 and Phase 2 relates to 2016-18.

### The five Ageing Well in Wales priority areas are:

- **Age Friendly Communities**  
Older people in Newport will not be discriminated against because of their age and will have access to information, services and opportunities and participate and contribute to their communities. They will find public places accessible and welcoming and have housing that supports their needs and promotes independence.
- **Dementia Supportive Communities**  
Older people have opportunities to promote wellbeing and enjoy good physical, mental and emotional health with the aim of being able to live independently for longer, with a good quality of life.
- **Falls Prevention**  
Older people are able to access a range of falls prevention initiatives
- **Opportunities for Employment and New Skills**  
Older people who want to work are able to do so in Newport and can access help with re-skilling and retraining and accessing activities.
- **Loneliness and Isolation**  
Older people in Newport may enjoy social participation assisted by affordable transport, have an adequate standard of living and income and access any benefits they are entitled to maximise financial inclusion

## 2. National Policy Direction

The Ageing Well Program compliments the three overarching outcomes within the ***Strategy for Older People in Wales 2015-20 Phase 3, Living Longer, Ageing Well.*** This sets out to ensure that all older people in Wales have the Financial, Environmental and Social Resources to Age Well.

**The Ageing Well in Newport Delivery Plan** sets out how the five priority areas of the Ageing Well in Wales programme will be used to deliver against the *Strategy for Older People in Wales* Phase 3 outcomes at local level.

These national priorities are integrated in the ***One Newport Single Integrated Plan*** local priorities: Supporting Families, Economy and Place and Independent Living.

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**Local Drivers: One Newport** is the city's **Public Service Board (PSB)** where local public, private and third sector organisations work together to ensure services are effective, focused on local people and improve the quality of life in the city.

### **Single Integrated Plan (SIP) Feeling Good about Newport.**

The Single Integrated Plan or SIP sets out the role of local government and their partners in helping to improve services by working together to plan, work, deliver, and improve outcomes.

Details can be found here **One Newport SIP 'Feeling Good About Newport'**

Newport's Single Integrated Plan was developed around three core local priority themes that were determined by a robust evidence base in the form of a population **Unified Needs Assessment**. The three priority themes are as follows:

- Economy and Skills
- Health and Wellbeing
- Safe and Cohesive Communities

There are also 2 overarching themes, Tackling Poverty and Vulnerable Groups.

### **One Newport's Vision**

"Working together to create a proud and prosperous city with opportunities for all"

### **Outcomes**

- People in Newport achieve their full potential
- Newport has a prosperous and thriving economy
- People in Newport are healthy and thriving
- People in Newport live in a safe and cohesive community
- Newport is a distinctive and vibrant city

## **3: Local Demographics**

Newport City is an urban town and consists of 20 designated wards and 14 community councils. There are 3 NCN's (neighbourhood care Networks), Newport East, West and North. The city has a population of 146,841 of which 25,451 are people aged over 65 years (17.33% of the population). The household dwelling count is 63,445. (ONS, 2014). The Welsh index of multiple deprivation shows significant pockets of deprivation and ill health exist in some wards.

More information on Newport's Ward Profiles can be found here:

<http://www.newport.gov.uk/documents/NewportAtlas/WardProfiles/2015/OVERVIEW.pdf>

### **Section 3: Governance Arrangements** – reporting mechanisms

Progress will be reported to the One Newport LSB via the relevant thematic work groups; Economy and Skills, Health & Wellbeing, Safe and Cohesive Communities.

**Section 4: Priorities for Action** - The Ageing Well in Newport Delivery Plan outlines how the Action Plan will be implemented and progress against making Newport more age friendly.



## Priorities for Action: Ageing Well In Newport Delivery Plan

<p><b>Age Friendly Communities</b></p>	<ul style="list-style-type: none"> <li>• <b>Safe and Cohesive Communities:</b> Hold an information partnership Age Friendly City event. Promote positive images of ageing through media; Promote age discrimination training; Promote anti discriminatory practice; Promote Intergenerational and cross cultural community cohesion</li> <li>• <b>Integration of Health &amp; Social care:</b> Implementation of Social Services Wellbeing Act; Re-organisation of Adult Social Services aligned to 3 NCN's; Information Station - Provision of accessible information and advice services; Development of REACH Consortium to deliver care and support services. Development of Advocacy, carer support and respite services. Development of Community Connector Service; Online Directory of Activities &amp; Support services; 50+ Information Day partnership event; Digital Inclusion</li> <li>• <b>Physical Regeneration:</b> Working with Queensway Developers of new Friars Walk Shopping Centre, StreetScene, Police and Local business to make the town accessible.</li> <li>• <b>Economy &amp; skills:</b> Development of Community Connectors service; Integration of Health &amp; Social Care; Promotion of Volunteering opportunities</li> <li>• <b>Physical Regeneration:</b> Promote Warmer Homes; Promote housing options; Develop Handyman and moving in service</li> <li>• <b>Financial Inclusion:</b> Development of fuel poverty strategy.</li> </ul>
<p><b>Dementia Supportive Communities</b></p>	<p><b>Mental Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>• Newport is accredited as working towards becoming a Dementia Friendly City in partnership with Alzheimers Society.</li> <li>• A local Multi Agency Partnership Dementia Action Alliance Linked to Local Service Boards, Neighbourhood Care Networks.</li> <li>• Dementia Champions identified</li> <li>• Implement awareness raising plans across key organisations</li> <li>• Developed a Dementia road map</li> <li>• Mapping of local support services into an Online Directory.</li> <li>• Designed a Dementia council webpage.</li> <li>• Implemented the butterfly model in Care Homes</li> <li>• Developing Prevention Services model / Community Connectors and memory café.</li> </ul>
<p><b>Falls</b></p>	<p><b>Health and Wellbeing Delivery Plan</b></p> <ul style="list-style-type: none"> <li>• Implemented a range of falls prevention initiatives</li> <li>• Promoted Steady On Campaign</li> <li>• Implemented Older Persons Pathway project</li> <li>• GP falls prevention referral pathway</li> <li>• Improved access to (NERS)Exercise Referral Schemes</li> <li>• Designed a Web Page with links to prevention resources</li> <li>• Joint delivery with statutory, voluntary and third sector to conduct Home Safety checks including trip hazards for falls prevention by</li> </ul>



	<p>Care &amp; Repair.</p> <ul style="list-style-type: none"> <li>• Improving falls related accidents in Care Homes</li> <li>• Improving screening rates in Accident and Emergency</li> <li>• Encourage partners to Make Every Contact Count</li> <li>• Awareness raising linked to Falls Prevention week</li> </ul>
<b>Employment and new skills</b>	<p><b>Economy and Skills:</b></p> <ul style="list-style-type: none"> <li>• Improved Connectivity through digital inclusion projects;</li> <li>• Adult Continuing Learning Pathways</li> <li>• Improve access to Employment for those aged over 50 years</li> <li>• Promoting volunteering opportunities</li> <li>• Improving the number of Carers (50+) accessing training or employment opportunities</li> <li>• Promoting community learning opportunities e.g. Share Centre and U3A via the Community Connectors Service.</li> </ul>
<b>Loneliness and Isolation</b>	<p><b>Safe and Cohesive Communities.</b></p> <ul style="list-style-type: none"> <li>• Development of Community Connectors service</li> <li>• Securing investment in Befriending Services.</li> <li>• Online Directory of Activities</li> <li>• Community Connector Website developed including monthly Newsletter and Group of the Month linked to DEWIS</li> <li>• Re-provisioning of Day Services and care closer to home</li> <li>• Community Transport provision</li> </ul> <p><b>Economic Growth</b></p> <ul style="list-style-type: none"> <li>• Promoting Community Connectors and Information services and income maximisation through increasing benefits and pensions checks</li> </ul>
<b>Health and Wellbeing</b>	<p><b>Integration of Health &amp; Social Care:</b></p> <ul style="list-style-type: none"> <li>• Development of anticipatory risk model and Risk Stratification Tool utilising GP Practice register for the over 65's;</li> <li>• Implementing Stay Well Plan, Roll out to 20 GP practices</li> <li>• Implemented a single referral for discharge at Royal Gwent Hospital which links clinicians, social workers and Frailty Teams;</li> <li>• Implemented Step Up Step Down beds at Parklands Care Home</li> <li>• Alcohol Misuse: Improved access to support services; Awareness raising. Brief Intervention Training with GDAS, ABUHB and Public Health</li> </ul>

